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| 14..... | .5 |
| 15..... | .6 |

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|------------------------------|----|
| 18..... | |
| .18.....(1979) Kobasa | .1 |
| 19.....(1982) Kobasa | .2 |
| 20.....(1982) Kobasa b | .3 |
| 20.....(1987) Hull | .4 |
| 21.....Rhodewalt (1989) zone | .5 |
| 21.....(1985) Moos Holahan | .6 |
| 22.....(1987) Moos Holahan | .7 |

| | |
|-------------------------------|----|
| 23.....(1984) Blaney Ganellen | .8 |
| 23.....(1983) Puccetti Kobasa | .9 |

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|-----------------|--------|
| 30..... | |
| 32..... | .1 |
| 33..... | .2 |
| 33..... | .1.2 |
| 33..... | .1.1.2 |
| 35..... | .2.1.2 |
| 35..... | .3.1.2 |
| 37..... | .2.2 |
| 38..... | .3.2 |
| 39.....DSM IV ù | .3 |
| 41..... ù | .4 |
| 44..... | .5 |
| 45..... | .6 |
| 45..... | .1.6 |
| 45..... | 2.6 |
| 46..... | .3.6 |
| 49..... | .4.6 |
| 49..... | .5.6 |
| 49..... | .7 |
| 50..... | .1.7 |

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| 51..... | .2.7 |
| 51..... | .3.7 |
| 52..... | .4.7 |
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| 56..... | |
| 58..... | .1 |
| 58..... | .2 |
| 59..... | .3 |
| 59....." | .1.3 |
| 61..... | .2.3 |
| 61..... - - | .3.3 |
| 62..... | .4.3 |
| 65..... | .4 |
| 66..... | .1.4 |
| 66..... | .1.1.4 |
| 66..... | .2.1.4 |
| 67..... | .3.1.4 |
| 67..... | .2.4 |
| 68..... | .3.4 |
| 68..... | .1.3.4 |
| 68..... - | .2.3.4 |
| 68..... | .3.3.4 |
| 68..... | .5 |

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|---------|------------|
| 69..... | .1.5 |
| 69..... | .2.5 |
| 70..... | .3.5 |
| 70..... | .4.5 |
| 71..... | .6 |
| 75..... | .1.6 |
| 76..... | .2.6 |
| 77..... | 3.6. خصائص |
| 79..... | .4.6 |

| | |
|---------------------|------|
| 85..... | .1 |
| 85..... | .2 |
| 86..... | .3 |
| 86..... | .4 |
| 87..... | .1.3 |
| 87..... | .2.3 |
| 94..... | Ù .4 |
| 95..... | .5 |
| 99..... (CIDI Démo) | .1.5 |
| 99.....(CIDI PTSD) | .2.5 |
| 100..... | .3.5 |

| | |
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| 103..... | .6 |
| 103..... | .7 |
| : | |
| 106..... | .1 |
| 106..... | .1.1 |
| 107..... | .2.1 |
| 109..... | .4.1 |
| 111..... | .4.1 |
| 113..... | Ù .2 |
| 113..... | .1.2 |
| 114..... | .2.2 |
| | .3.2 |
| 115..... | .4.2 |
| | .5.2 |
| 120..... | .6.2 |
| 121..... | |
| 125..... | Õ |
| 128..... | Õ |
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| Õ | |

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1985 Psychiatry Psychology

(1998)

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Hardiness

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Endurance

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.6

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.(2002)

(2002)

Ù

Ù

Ù (PTSD)

, DSM IV

.(1998)

Ù
(, , , ,)
, ... , Ù
(Psychologie N°9, 2001), .

, Ù , ,) Ù
, (,
,
, (2000) .

, Ù Ù Ù
Ù ,
... , , :
, Ù Ù
.Endurance Ù Hardiness

(1982)Kobasa

Ù

س س :

(1979) Kobasa

,(76)

Ù

138

,(1987)

Hull

Ù

.Ù

267

,(1985) Moos Hollahan

س ()

Ù

Ù

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Ù -1

o

o

Ù -

o

Ù -2

Ù -

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Ù -3

Ù -

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Ù -4

Ù -

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-1

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:

.1

Traumata

Trauma

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"

.(Reber,1995,P814)

.(45 1998,)

Ù
.(Mitchell and Everly, 1995,P6)

Ù
: .2

:

:Commitment .

:Control .

Ù

:Chollenge .

.(Kobasa,1982B)

Ù Ù

| | |
|------------------------|----|
| (1979) Kobasa | .1 |
| (1982) Kobasa | .2 |
| (1982) Kobasa b | .1 |
| (1987) Hull | .2 |
| (1989) zone Rhodewalt | .3 |
| (1985) Moos Holahan | .4 |
| (1987) Moos Holahan | .5 |
| (1984) Blaney Ganellen | .6 |
| (1983) Puccetti Kobasa | .9 |

Ù Ù

Ù Ù

1 - Kobasa (1979):

-Ù -

Ù

(Kobasa 1979)

(76)

Ù

49-4

:

.1

(Wayler, 1968) Illness Questionnaire

.2

.3

Ù

Ù

(Kabasa et al1982)
 : (1982) Kobasa -2
 1982
)
)
 (259)
 40 65-32

Resistance)

: (1982) Kobasa -3
 (Kobasa ·1982B)
 40 (157)

(0.03)

)

)

- -

Hull -4 (1987):

(Hull et all ·1987)

Ù

.(138)

.Ù

Ù

Rhodewalt zone (1989) -5

Ù

Rhodewalt and ·1989)

.(249)

(zone
65-25

Ù

Ù

Ù

Holahan Moos (1985) -6

(Holahan and Moos·1985)

Ù 44

.(267)

Ù 46

:(1987)Holahan Moos, -7

(Holahan , Moos, 1987)

Risk ù factors

194 454)

.(32

10.7- 39

ù

:(1984) Blaney Ganellen -8

ù

:ù ù

(Ganellen and Blaney ,1984)

(83)

(Moos,1981)

Ù

Ù

Ù

:(1983) Puccetti Kobasa -9

(Kobasa & Puccetti, 1983)

Ù

65 32

Ù

Ù

170

48

Ù

Ù

Ù

Ù

24-19

96

75

1,12

20,75

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-1

.()

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Twrnes, 1983

-3

(1994)

)

Beck Depression Inventory

-4

(1985)

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Ù

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| | . | .1.2 |
| | . | .1.1.2 |
| | . | .2.1.2 |
| | . | .3.1.2 |
| | . | .2.2 |
| | . | .3.2 |
| DSM IV | Ù | .4.2 |
| | . | .3 |
| | . | .4 |
| | . | .1.4 |
| | . | .2.4 |
| | . | .3.4 |
| | . | .4.4 |
| | . | .5 |

:

Ù

Ù

Ù

Ù

.(11 ,1991 ,)

Ù

Ù

Ù

Ù Ù

Ù

.(12 ,1991 ,) .

Ù

1889

Oppnhein

.(,)

Charcot

,(Perron,2001)

Freud Jannet Ù

Ù

.(18 ,1991)

Ù

Ù

(Quarantelli , 1985, Speed 1989, Crolstew ,1987)
. (13 , 1994,)

(PTSD)

) 1980

(1994) OMS

.(APA

.(Cottraux, 2001, p 153) .

.1

:

:

(44 , 1998 ,) . :

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)

(blessure) (460 , 2005 ,
(plaie)

Ù

trauma,

Ù

(44, 1998 ,) .

(462, 461 , 2005.) .

، ù
) ù
، () ،(ù
(460 ،2005 ،) .

: .2

·
: .1.2
:_ .1.1.2

ù (Freud)
، ù ،
ù
، ، ، ،
(l'après coup)
ù
(63 ،2000،) .

Freud ù

ù

، ù ù
، ù ù
، ù ù
، ù ù
(63 ، 2000 ،) .

ù ، ù ،
ù ،

ù

ù

، (Damiani, 1997, pp 88-89) .

، ù

ù ،

ù

ù ،
(2000 ، ،) .

ù

، (66- 65

: .2.1.2

Ù Freud

Ù

1920 – 1916

Ù

Ù ,

Ù

(Damiani, 1997, p 91)

Ù

Ù

) .

.(69 ,2000,

: .3.1.2

Freud

Ù

.(24 ,1991)

Otto Rant

Ù

Ù

Ù Ù Ù

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.(461 ,2005 ,)

Ù

Rank

Ù

Ù

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Ù

, (Ù) Ù

Ù

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Ù

.(70 ,2000,)

:

Frenkzi " "

Ù

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Ù

Frenkzi " "

.(74-73 2000)

Bailly

.(mortifères)

.(jouissance)

Ù Ù

(irréversible)

(mixtes)

Ù Ù

. (74 2000) .

: .2.2

Ù

Ù

(VAN)

DER KOLK 1984

: ù
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3.2

ù
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(.75 ,1999,).

(1991) Epstein

:

ù ù
ù
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Epstein

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Ù

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Ù

Ù

Ù

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Ù

,1999,

)

.(76

Ù

(DSM IV)

DSM IV:

.3

Ù

(Cottraux 2001) DSMIV

(PTSD)

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Ù

Ù

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Ù *

. Ù Ù

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flash-back *

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: Ù -

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Ù *

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Sursaut exagère *

-
-

Ù

:Ù

Aigue (Ù) *
Chronique () *
Différé (06) *

(PTSD)

Ù Ù

Ù

.(Cottraux,2001).

: .4

() Ù
(Green and all, 1985)

Ù

.(-1- Ù)

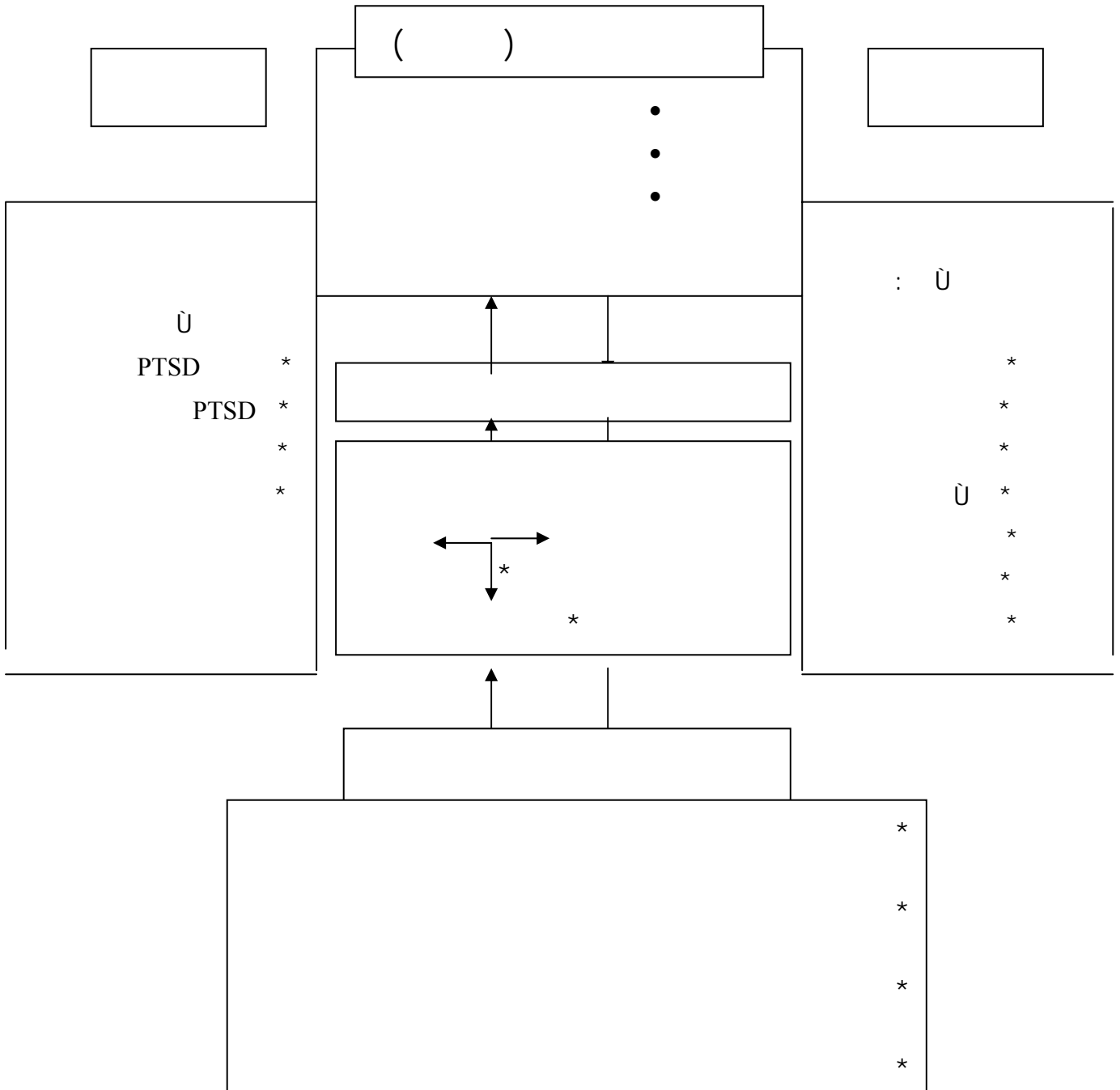
(66 ,2002 , 1998)

-1 Ù

Ù

(54 – 53 ,1998 ,) .

(1998 .) (Green, Wilson and Lindy, 1985):



: .5

: ù ù

: -1

.(48 ,1998 ,) .

:ù -2

(19 ,1994 ,) .

: -3

ù

.(48 ,1998 ,) .

,ù , ù : -4

.(25 ,1999 ,)

. ù ù : -5

: ù -6

, : -7

.Ù Ù Ù

.Inceste : -8

Child abuse, Ù : Ù -9

Child male station, Ù

: -10

: -11

, Ù ,
(48 ,1998 ,) .Ù

: .6

Ù

:

Emotional : .1.6

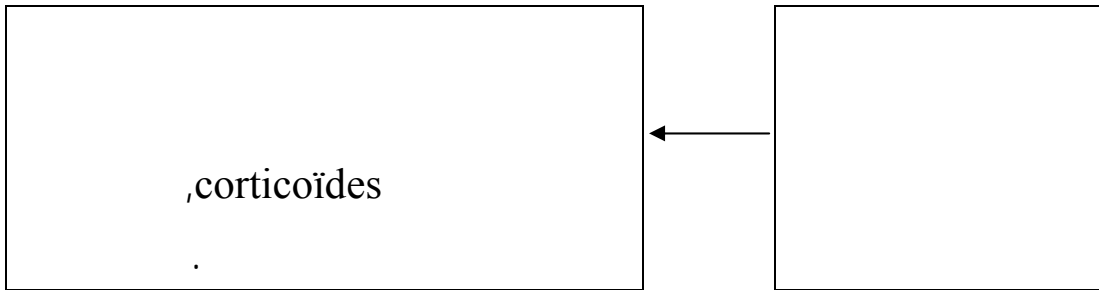
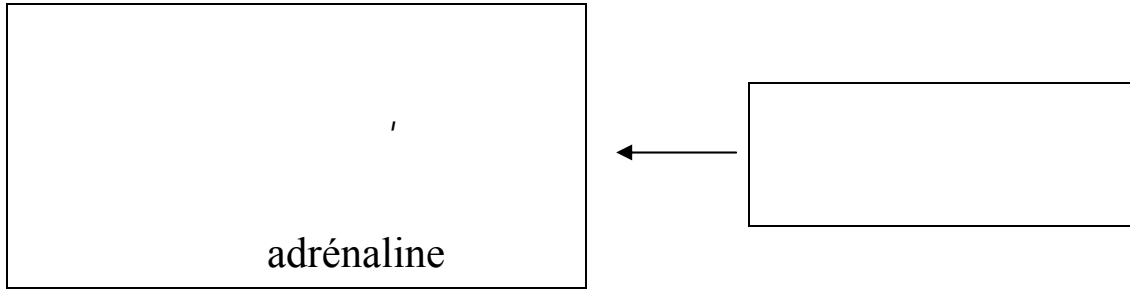
:

cognitive : .2.6

bilological : .3.6

Ù

:



(CHOLVIN, 1991)

Guillemin

Ù

Ù

:

Ù

Ù Ù

Ù

de Sauve qui peut

Ù

Ù

Agresseur

Ù

Ù

situation

d'urgence

Les médullosurrénales et les cortico surrénales

(1993) stora

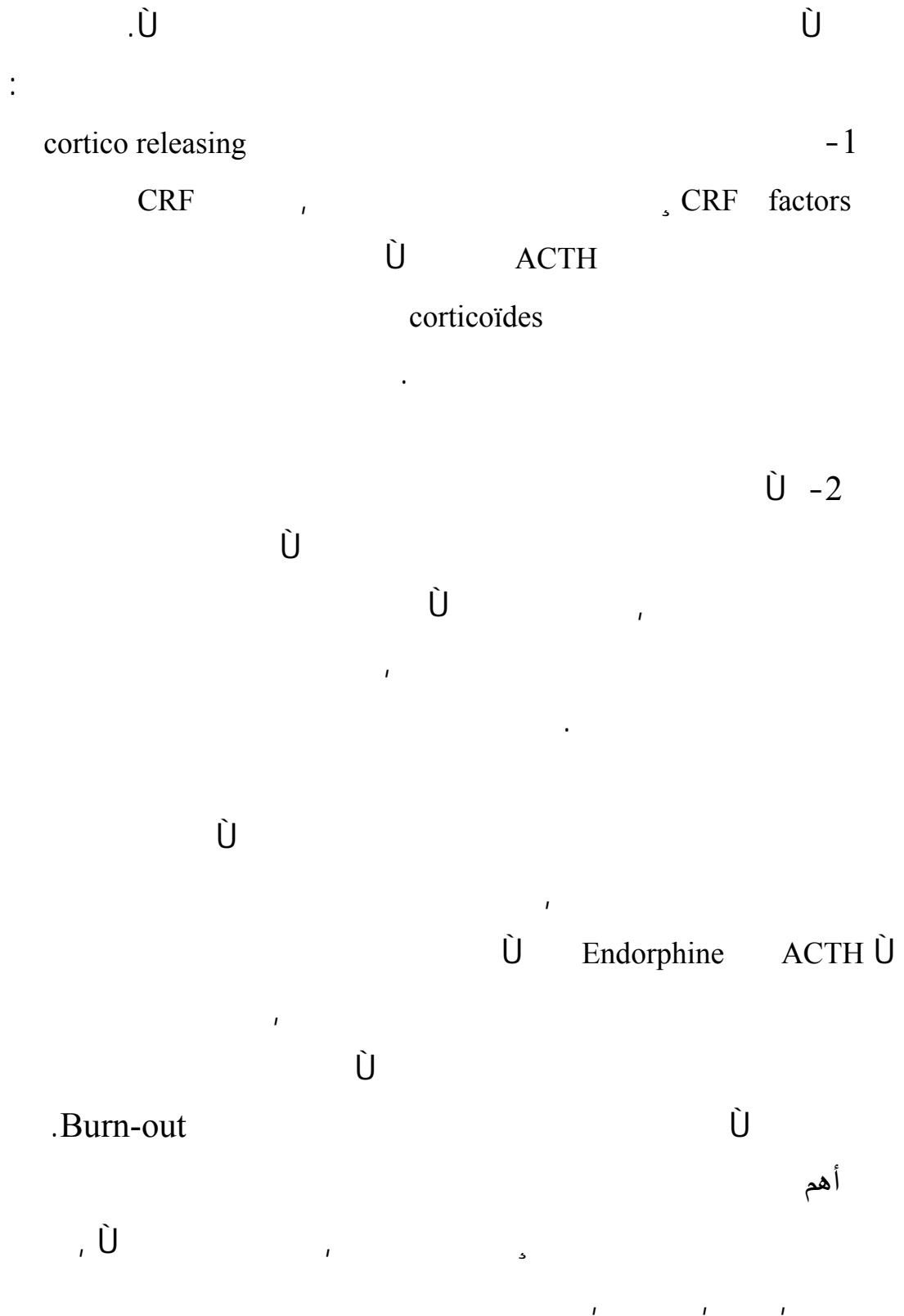
, Acétylcholine

Catécholamines

corticoïdes

Cortisol et Cortisone

Corticostérone et Aldostérone •



(Maladie du collagène)

(Cholvin , 1991 .stora .1993)

Behavioral .3.6

caractérologie .4.6

abuse

PTSD

syphilis

(82 ,81 ,1998 ,)

.7

:

(86 , 1998 ,) -

stress disorder (PTSD): -1
post traumatic

.(KACHA ,2002 ,P 137)

Ù

,2005 ,).

.(104

: -2

,2005).

Ù

.(361

,Ù Ù

.(88 ,1998 ,

:

).

.(72 ,2002 ,

:

.3.7

Ù FEAR

SUFFIX

, ABERSION

HARROT

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()
(642 ,2005)
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,
(90 ,1998 ,)
:
4.7

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|---|---|--------|
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| · | | .1.4 |
| · | | .1.1.4 |
| · | | .2.1.4 |
| · | | .3.1.4 |
| · | | .2.4 |
| · | | .3.4 |
| · | | .1.3.4 |
| · | - | .2.3.4 |
| · | | .3.3.4 |
| · | | .5 |
| · | | .1.5 |
| · | | .2.5 |
| · | | .3.5 |
| · | | .4.5 |
| · | | -6 |

straits hardship : affection adversity
1944
(Lazarus, 1966)

général " selye " " " " "
" " " " " "
(GAS)adaptation syndrom
(Kimble, 1990,)

" " " " " "
" " " " " "
(Selye, 1980,)

" " " " " "
" " " " " "
Dubrin
(Dubrin, 1990,)

Ù

(1997) Peterson

Ù

(Peterson, 1997, P. 622)

"stress"

(1998)

Ù

:"

Ù

"

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Ù :

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Ù.

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Ù

Ù

(1998 108.)

Ù

Ù

Ù

(1993 145.)

:(stress) - 1

Lazarus Ö

Stress

Paulhan) (Lazarus et Folkman, 1986)

.(et al,1994

:(Stressor) -2

,1997)

Ù Ù .(1995 Michell et Everlly) (31

Biologie

.(31 . 1997)

: -3

"Selye " " -1.3

(1956)

() Ù :

.(Quitard, 1994)

:

Syndrome locale d'adaptation (SLA) -

د

د

د

(abcés furoncle Ù) résistance

Ù

.(Cholvin, 1991) (Fistulation du furoncle)

syndrome général d'adaptatin (SGA) : -

:(Selye)

Ù

"

" "

د

.

général " " Õ

.(Zimbardo and Weiter, 1997, P.354)"adaptation syndrome

:

" "

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د

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1

Ù

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.(Beck, 1992, P.235) .

-

:Ù

(SGA)

1Réaction d'alarme

*

1phase de résistance

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phase d'épuisement.

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س س)

Ù

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س

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.(Quintard, 1994)

Ù

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Ù

The stressful life events model :

. 2.3

Ù

.(47. 2004 ù)

(1967) Holmes and Rahe " " (1974) Holmes and Masuda

Social readjustment scale

(48. 2004) .

: - - - 3.3

1970 (-)

(Quintard, 1994)

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(Selye

(Quintard, 1994)

Transaction - Transaction coll Lazarus
Bien-être (1998) Graziani)

4.3

()
: (Role – Tampon)
/ ù ù •
Maddi Kobasa () Endurance ù •
(1983 , 1982 , 1981) Hardiness
ù
: ù
Control perçu : •
(Scheir ù
) , carver , 1987)
(
(Bruchon, (Bandura , taylor et Williams, 1985)
(1994

Challange

ù
(. Quintrad , 1994)

()

"Contrôle perçu"

(Rotter , 1966) Õ

(1984) lazarus et Folkman

(1986) Rodin ()

Controleable

Ù

.(Nuisser , 1994)

.(Parkers, 1984, Folkmen,1984) .

Ù Folkman

(.

Ù .Nuissier 1994)

(Cohen et

Ù

Ù .(Nuissier, 1994) Edwards, 1989)

Ù Rotter Ù (Bandura 1977,166)

(outcome expectation)

Ù Bandura Ù

Ù

efficacy

(Rotter Õ)

Ù expectation

(Nuisseir , 1994)

Ù

Ù

:

Folkman Lazarus

Ù

Ù

Ù

"

Wrubell et al

(Lazarus et "

Folkman, 1984,P63)

:

Ù Général Beliefs

•

()

Specific beliefs

•

) Ù

(Lazarus et Folkman , 1984, Rotter

.P841)

:PTSD

.4

(ptsd)

Ù

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Ù

Ù

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35

Ù

1957

12

26

Ù Ù

4

.(Crorwood, 1993)

Ù

- -

.(Ferriri, 1993)

R.E immédiate transitoire

.1.4

1.1.4

Ù

Ù

Ù

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2.1.4

Ù envahi

–

Depersonnalisation

Ù

Ù

Õ

(la sidération)

Immuable hébété

Ù

Ù

3.1.4

Confusionnel

Ù

:

Differées et transitoires :

.2.4

–

Ù

Craque

س Sidération

La Sidération

س :
س

manifestations Differées durables :

.3.4

Ù

س

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س

Objet contraphobe

Ù

Etats Depressifs:

3.3.4

Ù

(Ferriri , 1993)

:

-5

Ù

.Ù

Ù

Ù

Ù

6-2

:

-1-5

:

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Ù

Ù

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Ù

S . d'inertie :

Ù

Les symptômes non spécifiques : **.2.5**

de caractère

.3.5

Ù

Ù

Evolution : .4.5

() .

Ù

Kobasa (1989)

.(1989) "

– 0.3
Stress-resistance

Ù Ù Ù

.(496- 465 1991)

(1987) Chamberlain Zika

Moderating Buffering

()

(Zika et Chamberlain, 1987 , pp155-162)

Cohen و(1987)Roos

"

"

:

.()

د

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:

د(1991)

Ù

د

Ù

د

Ù

Risk

Ù

د

Ù

Factors

Risk

Ù

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Factors

د(1991-1992)

د

Ù

Ù

Ù

(Kobasa, 1979 , 1982) Ù

1986, 1987, 1990) (Rutter, 1990) (Garnezy, 1983)
Ù (Holahan et Moos, 1985,

Ù

Ù

Ù

(Holahan et Moos, 1985, 1986)

(Hinkle, 1974) Ù

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.(Moos, 1976, pp. 2-15) .

(Garnezy, 1983 et Rutter, 1990)

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Rutter

Ù

) Facteur de Risque

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Ù

La Résilience

Résilience

,1985) Rutter Ù

Ù

(1994

Ù (Michaut , 1999)

Ù Ù الثمانينات

Ù (Werner , 1994)

Ù Kauai

Ù (Pines 1979) Ù

Ù (1985) Rutter

) La Résilience

Salutogène

Résilient (

Ù

coping

Ù

lazarus folkman Õ

() (Ù Ù)

()

Ù Ù (Ù)

(Rutter 1985 , P 608)

Õ Endurance

La Résilience

.(1987) Antonavsky Õ Cohérence

(1979) Kobasa

.(Bruchon,2002)

) Ù

La Résilience Õ

(Cohérence)

(Endurance

)

Rutter

Bruchon

.La Résilience

(..... , ,

Kobasa

: .1.6

Ù

: .2.6

(Kobasa, 1979, 1982)

Psychological Hardiness

Rogers Maslow

Ù

Kobasa

Frankel Ù]

- Ù

-

(Lazarus, 1966)

Cognitive appraisal

Ù - - -)

.(-

Ù Kobasa Ù

Ù

:Commitment

Õ:

.3.6

Control

Õ

Ù

P

Ù

Ù

, (Rodin , 1986)

Ù

()
(Horner1998 ,P 229)

() Conatives ()

Ù • Evaluation Primaire
(Contrôle Perçu)

(Lazarus et Folkman , 1984)

Ù
(Bandura , 1986 , Phares ,1987 , Rotter , 1966)
Ù Ù

Ù Ù
Ù Ù
Ù

, (Sarafino , 1994 p 11)

.(Bruchon, 2002).

Ù

Ù

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Ù Ù

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Kobasa, 1997

)

.(Puccetti ,1983

Ù

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.1.3

.2.3

.3.3

Ù .4

. 5

.1.5

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.2.5PTSD(

.3.5

. 6

. 7

Ù

Ù

Après le
fait (Robert Michel,1982,p48)

past factor expériment

(86 1984)

Ù

ex post facto

(Robert Michel,1982,p49)

.2

Ù

Ù

Ù

Ù

Ù " " " Ù Ù

10

Ù Ù

.3

.1.3

18

Ù

Ù

.()

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: 2.3

170

100

79

91

39

61

: ..3.3

: (1)

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| | | | |
| 48 | 20 | 28 | 23-18 |
| 20 | 12 | 08 | 29-24 |
| 19 | 04 | 15 | 35-30 |
| 08 | 01 | 07 | 41-36 |
| 03 | 01 | 02 | 47-42 |
| 02 | 01 | 01 | 48 |
| 100 | 39 | 61 | |

48)

(1) ù

36 ù

87 (

19

20

19 %

36

.25.42

.27.5

: (2)

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|-----|----|----|---|
| | | | |
| 23 | 06 | 17 | |
| 01 | 00 | 01 | Ù |
| 04 | 00 | 04 | |
| 72 | 33 | 39 | |
| 100 | 39 | 61 | |

Ù (2) Ù

Ù 23 72 Õ
5 Ù

:(3)

| | | | |
|-----|----|----|--|
| | | | |
| 67 | 28 | 39 | |
| 09 | 01 | 08 | |
| 12 | 02 | 10 | |
| 10 | 07 | 03 | |
| 02 | 01 | 01 | |
| 100 | 39 | 61 | |

(3) Ù

10 12 : 67
2

:(4)

| | | | |
|-----|----|----|-----|
| | | | Ù |
| 01 | 01 | 00 | |
| 09 | 03 | 06 | Ù Ù |
| 14 | 00 | 14 | |
| 69 | 33 | 36 | |
| 01 | 01 | 00 | |
| 05 | 00 | 05 | |
| 01 | 01 | 00 | |
| 100 | 39 | 61 | |

69

(4) Ù

01

:(5)

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|-----|----|----|-----|
| | | | |
| 01 | 01 | 00 | |
| 10 | 04 | 06 | Ù Ù |
| 17 | 00 | 17 | |
| 65 | 32 | 33 | |
| 06 | 01 | 05 | |
| 01 | 01 | 00 | |
| 100 | 39 | 61 | |

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(5) Ù

Ù 17 Õ

65

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06 Õ

10 Õ ÙÕÕ

:(6)

| | | | Ù |
|-----|----|----|---|
| 14 | 04 | 10 | |
| 67 | 26 | 41 | |
| 19 | 09 | 10 | |
| 100 | 39 | 61 | |

(6) Ù

14

19

67

:(7)

| | | | Ù |
|-----|----|----|---|
| 20 | 04 | 16 | |
| 66 | 31 | 35 | |
| 14 | 04 | 10 | |
| 100 | 39 | 61 | |

(7) Ù

14

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:(8)

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|-----|----|----|--|
| | | | |
| 11 | 05 | 06 | |
| 56 | 26 | 30 | |
| 30 | 07 | 23 | |
| 03 | 01 | 02 | |
| 100 | 39 | 61 | |

(8) ù

30 Õ

56

03

:(9)

| | | | Ù |
|-----|----|----|---|
| 01 | 01 | 00 | |
| 01 | 01 | 00 | |
| 06 | 04 | 02 | |
| 00 | 00 | 00 | |
| 01 | 00 | 01 | |
| 01 | 00 | 01 | |
| 00 | 00 | 00 | |
| 02 | 00 | 02 | |
| 01 | 00 | 01 | |
| 00 | 00 | 00 | |
| 01 | 00 | 01 | |
| 11 | 04 | 07 | |
| 03 | 03 | 00 | |
| 01 | 01 | 00 | |
| 30 | 15 | 15 | |
| 41 | 10 | 31 | |
| 100 | 39 | 61 | |

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| | | | |
| 07 | 02 | 05 | |
| 93 | 37 | 56 | |
| 100 | 39 | 61 | |

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| 38 | 15 | 23 | (ù) |
| 22 | 06 | 16 | |
| 03 | 02 | 01 | ù |
| 11 | 05 | 06 | |
| 03 | 00 | 03 | |
| 01 | 00 | 01 | |
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| 02 | 01 | 01 | |
| 11 | 06 | 05 | |
| 02 | 01 | 01 | |
| 02 | 02 | 00 | |
| 100 | 39 | 61 | |

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| | | | Ù |
| 53 | 26 | 27 | 06 Ù |
| 39 | 11 | 28 | |
| 08 | 02 | 06 | Ù |
| 100 | 39 | 61 | |

(12) Ù

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Ù 08

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Ù :

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.2-3

Ù 2005
Ù

- 4

(CIDI Demo) -
(CIDI PTSD) -
-

: Ù
(PTSD)

(DSM IV)

()

Ù (SARP)
()

Ù (T.P.O)

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Ù ()
(CIDI)
(ICD10) (DSM IV)

1200 12 20 :

CIDI

(C) -

(177 2001,)

) (D) Õ

Ù (E) Õ

(G) -

(K): -

: (Extreme stress) -

(SM) -

: (M) -

: (SCL) -

: (Social support) -

Ù Ù

: (coping)Ù -

(Quality of life) -

.(Disability) -

Ù :

Ù ð

Ù :

.1-4

Ù (SARP)

(1)

Ù

. 2-4

(PTSD)

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(DSM IV) CIDI

(Composite International Diagnostic Interview)

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: (PTSD)

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(ASD) (PTSD)

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(Kobasa, 1982. Pines, 1986)

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Response Set

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Commitment: -

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: Control -

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(Kobasa, 1982 a)

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: Challenge

(Kobasa, 1982 b)

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35 45 (80)
1.03 20.875 28-19

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Ù Ù -

Ù Ù -

Ù .

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0.05

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PTSD

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:t-test" " -

Ù

:X² -

Ù

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.2 - 1

.3 - 1

.4 - 1

0 - 2

.1 - 2(PTSD)

.2 - 2

.3 - 2

.4 - 2

.5 - 2

-1

: 1-1

:(13) X^2

| | | | |
|------|-------|-----|--|
| | X^2 | | |
| 0.01 | 69.58 | 91 | |
| | | 08 | |
| | | 100 | |

91 % \bar{U}

08 % \bar{U} $X^2 (69.58)$

0.01 \bar{U}

:

" " :(14)

| | | | | | |
|------|------|-------|--------|----|--|
| | " " | | | | |
| 0.01 | 2.61 | 8.09 | 113.35 | 39 | |
| | | 11.30 | 108.27 | 61 | |

(14) \bar{U}

$\bar{U} (2.61)$ " "

(0.01) Ù

: 2-1

" " :(15)

| | | | | | |
|---|------|------|-------|----|--|
| | " " | | | | |
| Ù | 1.88 | 3.62 | 40.94 | 39 | |
| | | 4.87 | 39.86 | 61 | |

Ù

Ù (1.88) " "

Ù

: (1)

:(16) X²

| | | | | |
|---|----------------|----|----|--|
| | X ² | | | |
| Ù | 0.71 | 28 | 65 | |
| | | 02 | 02 | |

Ù Ù

93

%

65 % 28 %

: (2)

: (17) X^2

| | | | | |
|---|-------|----|----|--|
| | X^2 | | | |
| Ù | 0.32 | 86 | 07 | |
| | | 04 | 00 | |

07 Ù %

86 %93 %

. Ù

: 3-1

" " : (18)

| | | | | | |
|------|------|------|-------|----|--|
| | " " | | | | |
| 0.01 | 2.41 | 4.46 | 34.43 | 39 | |
| | | 5.25 | 31.99 | 41 | |

(18) Ù

Ù 2.41 " "

Ù

(0.01)

: (1)

: (19) X^2

| | X^2 | | | |
|---|-------|----|----|--|
| Ù | 1.75 | 24 | 49 | |
| | | 04 | 18 | |

(19) Ù

73 %
49 %24 %

: (2)

: (20) X^2

| | X^2 | | | |
|---|-------|----|----|--|
| Ù | 1.64 | 69 | 04 | |
| | | 19 | 03 | |

(20) Ù

73 %
04 %69 %

: 4-1

" " : (21)

| | | | | | |
|---|------|------|-------|----|--|
| | " " | | | | |
| Ù | 1.55 | 3.73 | 37.78 | 39 | |
| | | 4.10 | 36.60 | 61 | |

(21) Ù

Ù 1.55 " "

Ù

: (1)

: (22) X^2

| | | | | |
|---|-------|----|----|--|
| | X^2 | | | |
| Ù | 0.04 | 26 | 58 | |
| | | 03 | 07 | |

(22) Ù

84

%

58

%26

%

Ù

: (2)

: (23) X^2

| | | | | |
|------|-------|----|----|--|
| | X^2 | | | |
| 0.01 | 8.25 | 80 | 04 | |
| | | 07 | 03 | |

(23) \bar{U}

84 %
04 %80 %
(.0.01) \bar{U}

: -2

: -1-2

: 100 %

61 -

39 -

36 \bar{U} 87 -

72 -

23 -

(33 36) \bar{U} 69 -

14 -

05 -

(03 06) \bar{U} 09 -

| | | |
|------------|-------------|------|
| | (32 33) | 65 - |
| | | 17 - |
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| | 05 | 05 - |
| 27 | 40) ù | 67 - |
| | | (|
| | (57 29) | 86 - |
| | (07 23) | 30 - |
| | (26 46) ù | 70 - |
| | ù | 30 - |
| .(02 05) | . | 07 - |

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| | 100) ù | |
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| 15 | 23) ù | 38 - |
| | | (|
| | .(16 16) | 22 - |
| | .(5 6) | 11 - |
| | .(06 05) | 11 - |
| | (02 02) | 04 - |
| | : | |
| | .(26 27) 06 ù | 53 - |
| | .(02 06) ù | 8 - |
| | .(11 28) | 39 - |

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Kobasa (1982)

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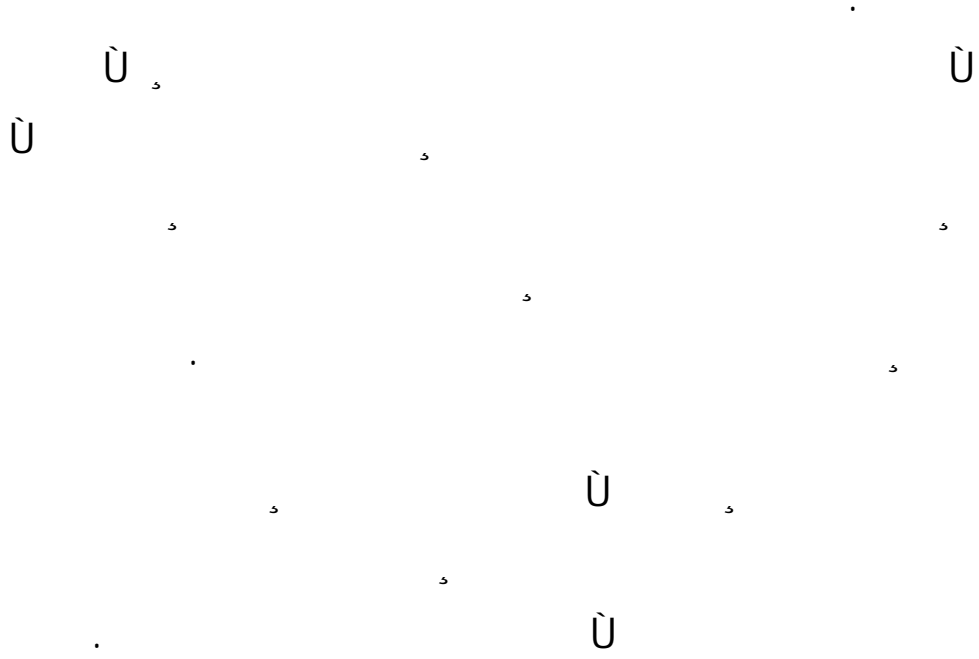
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Coping.

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- 2 (1999)
- 3 Ù (2001)
- 4 (1991) Ù
(496-465) 3 1
- 5 (1991) Ù
(218-199) 3 1
- 6 Ù (2000)
- 7 (1989)
- 8 (1998)

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